## Have breastfeeding questions?



## Contact the Oklahoma Breastfeeding Hotline!

Call: 1-877-271-6455 (MILK) or Text: OK2BF to 61222

to speak (for free!) to an International Board Certified Lactation Consultant (IBCLC) 24 hours a day, 7 days a week, 365 days a year.

Text to opt-in and receive messages from the Hotline.

Staff reply to all non-urgent questions 7a -7p.

Urgent calls/texts are returned 24/7.

You may have to pay for texting from your cell service.

